



CITY OF BETHEL
COMMUNITY ACTION GRANT COMMITTEE
THURSDAY, JUNE 22, 2023, 7:00 PM

LOCATION: 300 CHIEF EDDIE HOFFMAN HIGHWAY, BETHEL, ALASKA

JOIN ZOOM MEETING-

[HTTPS://US06WEB.ZOOM.US/J/8693953739?PWD=WVHKY29LAHFVSWJDREDID2JORWVQZZ09](https://us06web.zoom.us/j/8693953739?pwd=WVHKY29LAHFVSWJDREDID2JORWVQZZ09)

MEETING ID: 869 395 3739

PASSCODE: 885027

ZOOM MEETING PHONE NUMBERS:

888 475 4499 US TOLL-FREE 833 548 0276 US TOLL-FREE

833 548 0282 US TOLL-FREE 877 853 5257 US TOLL-FREE

MEMBERS

Louse Russell, Chair

Henry Batchelor, Council Rep.

Miranda Robb

Nathanael Haggard

1 Vacant Seat

Leif Albertson, Vice-Chair

Lucinda Alexie

Nikki Pollock

Tehani Haggard

STAFF

John Sargent, Ex Officio Member and Recorder

CAG@cityofbethel.net

907-543-1386

I. CALL TO ORDER

II. ROLL CALL

III. PEOPLE TO BE HEARD – FIVE MINUTES PER PERSON

- A. Please submit written public comments to cag@cityofbethel.net by 4:00 p.m. the day of the meeting

IV. APPROVAL OF AGENDA

V. APPROVE MINUTES

- A. June 14, 2023 CAG Committee Meeting Minutes

VI. UNFINISHED BUSINESS

- A. Review amount of CAG funding available (memo)
- B. Review, discuss, and score applications and responses received (may include questions to applicants in attendance).
- C. Review/revise CAG Program applications, forms & processes.
- D. Update on previous award recipients, projects funded, exit reports, CAG award agreements, and other follow-up issues.

VII. EX OFFICIO REPORT

- A. Ex Officio Report for June 22, 2023 CAG Committee Meeting

VIII. MEMBER COMMENTS

IX. ADJOURNMENT

Posted <<DATE>> at City Hall, AC Co., Swanson's, and the Post Office.

Name, Ex-Officio Staff

City of Bethel Community Action Grant Technical Review Board Meeting Minutes

June 14, 2023

Regular Meeting 7 p.m.

Bethel, Alaska

CALL TO ORDER
MEETING CALLED TO ORDER AT 7:01 pm.

I. ROLL CALL

BOARD MEMBERS PRESENT:	
Louise Russell, Chair	
Henry Batchelor	Lucinda Alexie
Nathanael Haggard	Tehani Haggard, Alt. 1
BOARD MEMBERS ABSENT:	
Nikki Pollock	Miranda Robb
Leif Albertson	
ALSO IN ATTENDANCE:	
John Sargent, Recorder & Ex Officio	

III. PEOPLE TO BE HEARD

No one spoke during People to Be Heard.

IV. APPROVAL OF AGENDA

MOVED:	H. Batchelor	Approval of Agenda.
SECONDED:	L. Alexie	
VOTE ON MAIN MOTION	5-0 Motion Passes	

V. APPROVAL OF MINUTES

MOVED:	H. Batchelor	Approve April 12, 2023 CAG Committee Meeting Minutes.
SECONDED:	T. Haggard	
VOTE ON MAIN MOTION	5-0 Motion Passes	

VI. UNFINISHED BUSINESS

- A. Review amount of CAG funding available.
The Chair and committee members reviewed the amount of funding available from the memorandum included in the meeting packet. A short discussion ensued about whether to allocate the budgeted amount for CAG awards evenly across quarters or continue evaluating applications each quarter and use the money available as has been past practice.
- B. Review and score applications and responses received (may include questions to applicants in attendance).

City of Bethel Community Action Grant Technical Review Board Meeting Minutes

June 14, 2023

Regular Meeting 7 p.m.

Bethel, Alaska

Each applicant was present and took turns presenting their project requests and answering committee member questions. There were no remaining questions to be asked of applicants in a follow-up letter.

MOVED:	T. Haggard	Move into Committee as a Whole.
SECONDED:	N. Haggard	
VOTE ON MAIN MOTION	5-0 All in favor	

C. Review/revise applications, forms, & processes.

A brief discussion occurred about changing the score sheet to reflect a greater weight on subjective qualitative factors and less on the mechanics of the application. The committee decided to use the score sheet as is for this round of applications and to discuss changes to it at the next meeting.

Chair L. Russell took the committee out of Committee as Whole at 8:21 pm.

D. Update on previous award recipients, projects funded, final reports, and other follow-up issues.

L. Russell read off this topic and J. Sargent said the report on past CAG awards was updated for this meeting.

VII. NEW BUSINESS

A. Declare CAG Committee Member Vacancy Due to Excessive Absences of Miranda Robb.

MOVED:	H. Batchelor	Declare CAG Committee member vacancy due to excessive absences of Miranda Robb.
SECONDED:	L. Alexie	
VOTE ON MAIN MOTION	5-0 All in favor	

MOVED:	H. Batchelor	Assign Tehani Haggard a regular seat on the CAG Committee.
SECONDED:	L. Alexie	
VOTE ON MAIN MOTION	5-0 All in favor	

VII. EX OFFICIO REPORT

A. Ex Officio Report for June 14, 2023 CAG Committee Meeting.

Chair L. Russell mentioned the Ex Officio Report memorandum included in the packet.

City of Bethel Community Action Grant Technical Review Board Meeting Minutes

June 14, 2023

Regular Meeting 7 p.m.

Bethel, Alaska

VIII. BOARD MEMBER COMMENTS

- L. Alexie: Welcome to the new members of the committee.
- L. Russell: Thank you for attending this meeting.
- H. Batchelor: Thank you for coming to the meeting. It's great to have new members.
- T. Haggard: Thank you for having us as part of your committee.
- J. Sargent: I'm glad we got some new members. It will be easier to make a quorum.
- N. Haggard: No comment.

IX. ADJOURNMENT

MOVED:	T. Haggard	Adjourn the meeting.
SECONDED:	L. Alexie	
VOTE ON MAIN MOTION	5-0 All in favor	

Meeting Adjourned at 8:40 pm.

APPROVED THIS _____ day of _____ 2023.

Respectfully Submitted:

L. Russell, Chair

ATTEST: _____
John Sargent, Recorder



City of Bethel
P.O. Box 1388, Bethel, AK 99559
907-543-1386
Website: www.cityofbethel.org

M e m o r a n d u m

To: Community Action Grant Committee

From: John Sargent, Grant Manager

Subject: Funding Available for CAG Awards-Update

Date: June 7, 2023

This memorandum provides the latest amount of CAG funding available to award. Whereas, there is \$.78 left in the account at present, the FY 2024 Prospective Budget contains \$86,000 in CAG funds. The FY 2024 Budget was introduced at the May 23, 2023 Bethel City Council meeting and will be voted on at the June 13, 2023 Bethel City Council meeting. The FY 2024 Budget takes effect July 1, 2023.

Total amount for distribution in March 2023	\$9,848.78		
Bethel Friends of the Library CAG Award Returned to City	+ \$6,044		
City CAG Award to Library for JV hire in 2023	- \$6,044		
CAG Awards in FY 2023 (Mar. 2023)	- \$9,848.00		
Total amount for distribution in June 2023	<table border="1"><tr><td>\$</td><td>.78</td></tr></table>	\$.78
\$.78		
FY 2024 Prospective Budget Contains CAG Funds	\$86,000		

**CITY OF BETHEL
COMMUNITY ACTION
GRANT
Application**

COVER PAGE

Applicant Information

Applicant Name: Orutsararmut Native Council, Senior Services

Business License #s (if applicable): 128290

Applicant Address: P.O.Box 927, 117 Alex Hately Dr

Contact Person: Jessica Stanley Email Address: jstanley@nativecouncil.org

Daytime Phone: 907-543-2608 Cell Phone: _____

Grant Request Information

Grant Amount Requested:	\$	33,000.00
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Will you accept less funding than the amount you requested? If so, tell us what a reduction would look like for your planned program.

ONC is willing to accept less funding with the understanding that the project deliverables will reflect a decrease in clients served and/or the duration in which they are provided transportation assistance. The deliverables will be proportional to the funding provided as our project budget follows the per-person cost of monthly bus passes imposed by the City.

Program/Project Title and Summary:

Transportation Assistance for Senior Clients and Caretaker

The ONC Senior Services Department seeks funding to provide transportation assistance to program clients and their eligible caregivers over the course of 1 year. The funding received through this grant will further the Senior Service’s goal to allow older Alaskans to maintain their quality of life within our community. By providing this service, it will allow our clients the opportunity to age safely within Bethel, maintain their independence, and help support their basic needs by having an ability to receive transportation to and from destinations they need to get to safely. It is also worth noting that the Senior Services department serves eligible community members who meet the eligibility criteria, are 65 years or older, individuals with disabilities, and/or their caretaker, and not just Tribal members.

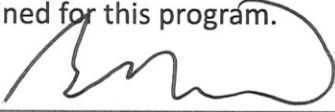
The proposed budget aims to address the needs of up to 50 seniors and 25 caretakers a month, for a period of 1 year.

Date When Funds Are Needed: August 1, 2023

Project Beginning and End Date: August 1, 2023 - July 31, 2024

Submission for: Quarter 1 Quarter 2 Quarter 3 Quarter 4

I affirm that if my organization, group, or self is granted funding, I (we) will be required to adhere to City guidelines related to the use of those funds, and will be required to provide timely reporting on the use of the granted funds. I affirm that grant funds will be used for the intended purposes outlined for this program.

Signature:  Date: 5/31/2023
Authorized Officer/Applicant

PROJECT SUMMARY

Please provide a comprehensive, clear and concise response to each of the questions below. If a question does not apply to your application, indicate by responding "Not Applicable."

1. Substantiating Community Need

a. Identify and describe existing needs in the community to be addressed by the proposed activity.

The Senior Services Department provides essential services to approximately 110 eligible community members to help improve their quality of life and promote their independent living. Our program addresses these priorities by providing one home-delivered meal from Monday - Friday, promotes nutrition information and education, provides assistance with simple household chores, and provides transportation assistance.

The Senior Services Department employs two drivers to deliver meals, assist with home-maker chores, and provide transportation to clients who request it. The transportation assistance often involves rides to the post office, rides for medical appointments, rides to the grocery store, rides to attend ONC events, etc.

Unfortunately, due to the high demand and fast-pace of home-delivered meals, our two drivers cannot address most of the requests for transportation assistance, thus limiting the extent of our services. It is our expectation that given the opportunity to provide monthly bus passes, our clients can have the means of getting around town on their own to address their own needs in a safe manner. While our program is not income-based, this opportunity does provide our clients suffering from low or lack of income a much-needed means to have safe and reliable transportation without having to worry about elderly mistreatment from local cab companies. Additionally, we run consistent surveys and maintain good communication with our clients to determine the needs to be addressed and the quality of the service we provide to them. Through this feedback, we've been able to identify the importance of bus passes to our clients.

b. Specifically describe how the activities to be carried out directly address identified needs in the community.

One of our main obstacles has been the lack of funding to support all aspects of our program. Our program is 100% dependent on grants, and while ONC secures funding from the Alaska Department of Health and Social Services, and Older Americans Act, Title VI, the funding received is not enough to help meet the needs of our clients and the demands of the program. With the support of this grant, we expect to provide transportation assistance for up to 50 seniors and 25 caretakers per month, for a period of 1 year.

The transportation assistance our department currently provides is very limited as it depends on the availability of our two delivery drivers. By providing monthly bus passes, we ensure that our clients have access to health care and many other basic services necessary for their well-being.

2. Project/Activity Goals and Outcomes

a. Describe the overall goals, objectives, and activities to be accomplished by the proposed project.

We strive to enhance the quality of life of our clients by supporting their basic needs and promoting their independence. By providing these monthly passes, we will:

1. Increase the number of clients that receive transportation assistance
2. Improve client's access to essential services such as groceries, health care, etc.

b. Provide measurable outcomes for your project and how those outcomes will be measured.

The following outcomes can be expected for each of the objectives identified above:

1. Provide monthly passes to up to 50 seniors/elders each month OR a total of 600 monthly passes from August 1, 2023 - July 31, 2024.
2. Provide monthly passes to up to 25 eligible caretakers each month OR a total of 300 monthly passes from August 1, 2023 - July 31, 2024.
3. Complete a mid-year report with the total number of passes provided in a 6-month period, and the services that clients were able to access within this timeframe.
4. Complete an end-of year report with the total number of passes provided in a 12-month period, and the services that clients were able to access within this timeframe.

3. Coordination and Collaboration

a. Describe current efforts to collaborate and coordinate services with other community organizations regarding the proposed project.

Most of our coordination will be between ONC, the City of Bethel's Transit Manager, and our clients. ONC already has a good line of communication with clients. We consistently deliver paper notices regarding our services and we also call our clients for the same purpose. The notices and requests for bus passes will be communicated in a similar fashion, and will be provided on a first come-first serve basis every month.

The Senior Services Department project leads will administer the monthly passes received by the City. At the beginning of each month, starting in September, ONC will provide the City with a roster of clients who have received a monthly pass for the previous month.

b. Explain how you will develop any needed collaborative relationships that are not already in place. Not Applicable

c. Does any community organization, other than your own, offer the type of services proposed under this program design? If so, describe how your program will enhance these efforts.

To our knowledge and in addition to the limited transportation assistance already provided by our department, this is the only transportation assistance service that is provided to our clients.

4. Implementation Plan

a. **If this is a new project/activity, describe specific steps to be taken to implement the activity. Identify target dates for each phase of implementation.**

Not Applicable

b. **If this is an existing project/activity, describe how this funding will be used to expand the scope of the existing activity. Identify target dates for each phase of implementation.**

If this project is funded, we will increase the number of clients receiving transportation assistance from a handful (1-5 clients per month) to up to 75 clients per month (50 seniors and 25 caretakers). This is the expected implementation plan:

Action	Anticipated Timeline	Strategy
Monthly Outreach	Two weeks prior to the start of the month	<ul style="list-style-type: none"> Advertised through paper notices delivered to clients Sign-up for upcoming service, first-come first-serve
Monthly pass distribution	As requested for the month	<ul style="list-style-type: none"> Monthly passes will be delivered or picked up in person. Clients will sign acknowledgement of receipt.
Monthly pass report	One week after the end of the month.	<ul style="list-style-type: none"> A monthly roster will be sent to the city. A monthly check for each issued bus pass

5. Demonstrated Experience and Financial Information

a. **Describe the applicant’s (or the principal staff as it relates to the project) background, and experience in implementing the proposed activity or similar activities.**

Staff that will be involved in the project include:

- Jessica Stanley, Acting Senior Services Director. Jessica has been working with ONC since 2019 and is familiar with the procurement process and record-keeping practices. Jessica is acting as senior services director for the time being.
- Gisela Chapa, Self-Governance Director. Gisela has acted as the senior services director from January 2023 - May 2023. As self-governance director, she has direct oversight of the operations within the senior services department.
- Tony Evon, Assistant and Delivery Driver. Tony has held this position since 2019. He is extremely familiar with the program and is responsible for entering and submitting data to funding agencies. As a delivery driver, he will be essential in the

outreach process and delivering bus passes to eligible clients.

- Molly Samuelson, Kitchen Assistant and Delivery Driver. Molly has held this position since 2022. She is extremely familiar with the program and clients. As a delivery driver, she will be essential in the outreach process and delivering bus passes to eligible clients.

b. Provide a proposed budget breakdown with the following information:

Budget Items:	Description of Budget Items	Funding: Source:	CAG \$	Other \$	Total
1	600 Senior monthly passes	CAG	15,000		\$15,000
2	300 Adult monthly passes	CAG	18,000		\$18,000
3	Outreach	ONC		500	\$500
4	Staff time to administer grant and implement service	ONC		1400	\$1400
	TOTAL				\$34,900

c. Have you ever received funding from the City of Bethel before? If so, provide 1) dates, 2) amounts, 3) project descriptions, and 4) Exit Report status.

- 2018-2020, ONC Senior Services use of COB Transit System \$8,100 funded, exit report completed.
- 2022, ONC Natural Resources ALPAR Youth Litter Patrol \$8,422, exit report completed.
- 2022, ONC Natural Resources Food Security \$2,396, exit report In Progress.

6. Exit Report Due

a. Awardees will be required to present a written Exit Report to the Community Action Grant Board within 30 days of completion of the project/program. See Report on City’s website (www.cityofbethel.org).

b. Identify the timeframe in which you anticipate providing an Exit Report to the Board on the use of the grant funds.

Given that we anticipate to provide monthly reports, we can expect to provide an exit report within 30-days of the completion of the project.

c. If an applicant has a current Community Action Grant in progress, provide a spending plan that clearly shows how the remaining funds will be spent to complete the project/program.

CITY OF BETHEL
COMMUNITY ACTION GRANT
Application

COVER PAGE

Applicant Information

Applicant Name: _____

Business License #s (if applicable): _____

Applicant Address: _____

Contact Person: _____ Email Address: _____

Daytime Phone: _____ Cell Phone: _____

Grant Request Information

Grant Amount Requested:	\$	_____
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Will you accept less funding than the amount you requested? If so, tell us what a reduction would look like for your planned program. **Yes** **No**

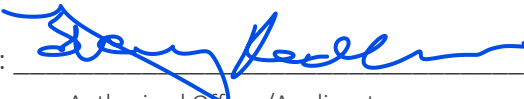
Program/Project Title and Summary:

Date When Funds Are Needed: _____

Project Beginning and End Date: _____

Submission for: Quarter 1 Quarter 2 Quarter 3 Quarter 4

I affirm that if my organization, group, or self is granted funding, I (we) will be required to adhere to City guidelines related to the use of those funds, and will be required to provide timely reporting on the use of the granted funds. I affirm that grant funds will be used for the intended purposes outlined for this program.

Signature:  Date: 5/29/23
Authorized Officer/Applicant

5. Demonstrated Experience and Financial Information

a. Describe the applicant's (or the principal staff as it relates to the project) background, and experience in implementing the proposed activity or similar activities.

b. Provide a proposed budget breakdown with the following information:

Item & Description	Funding Source	Amount
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Total

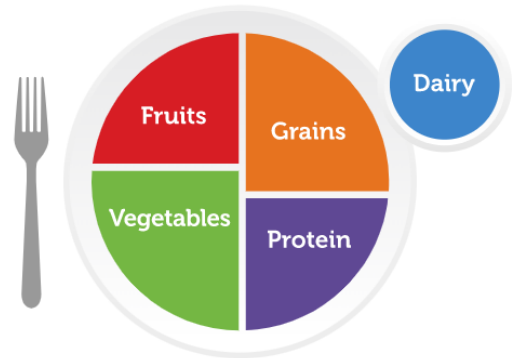
c. Have you ever received funding from the City of Bethel before? If so, provide 1) dates, 2) amounts, 3) project descriptions, and 4) Exit Report status. **No**

6. Exit Report Due

- a. Awardees will be required to present a written Exit Report to the Community Action Grant Board within 30 days of completion of the project/program. See Report on City's website (www.cityofbethel.org).
- b. Identify the timeframe in which you anticipate providing an Exit Report to the Board on the use of the grant funds.
- c. If applicant has a current Community Action Grant in progress, provide a spending plan that clearly shows how the remaining funds will be spent to complete the project/program.

Project Summary

The Healthy Activities Club is an activity program for children age 5-13 that runs during school breaks. We provide 2 sessions of healthy activities 5 days per week for up to 20 participants. During each of the 2 daily sessions we provide a healthy snack using the My Plate model. With the high cost of food, particularly fresh fruits, vegetables, and dairy products we are seeking assistance to be able to provide the best options for our participants.



1. Substantiating Community Need

- a. Identify and describe existing needs in the community to be addressed by the proposed activity.

Food security and healthy eating are large challenges for our community. The high cost of food leads many families to purchase processed foods that are cheaper than fresh food, but also are less nutritious and often high in added sugars and fillers. Eating processed and sugary foods and beverages results in obesity, diabetes, and tooth decay, all of which have long term impacts on health and are a current concern across the YK Delta.

- b. Specifically describe how the activities to be carried out directly address identified needs in the community.

We use the My Plate model and provide fresh produce and dairy options during our snack time to help participants develop the habit of eating balanced meals full of healthy foods.

2. Project/Activity Goals and Outcomes

- a. Describe the overall goals, objectives, and activities to be accomplished by the proposed project. Our goal is to provide a variety of healthy snacks for our club participants to improve their immediate health while also helping them learn about healthy options and to make healthy choices in their future. We strive to include fresh produce to help our participants learn to appreciate fresh foods and to make healthy food choices in their futures for themselves and their families. We include dairy products to help participants choose milk and other dairy products over sugary beverages and snacks. We will provide a variety of grain and protein options to help participants learn to develop a balanced diet. We will also provide water bottles to assure participants are drinking water throughout the day and developing the habit of healthy hydration.

- b. Provide measurable outcomes for your project and how those outcomes will be measured.

Our outcomes will be measured on our ability to provide a variety of healthy snack options with as much fresh, unprocessed foods as possible. Our summer session includes 9 weeks of club at 2 snacks per day for up to 20 participants.

3. Coordination and Collaboration

- a. Describe current efforts to collaborate and coordinate services with other community organizations regarding the proposed project.

5/29/2023

Our club is run in partnership with 4-H Alaska and UAF who provide licensing and training, but are not able to provide financial support for our program services such as snack time.

- b. Explain how you will develop any needed collaborative relationships that are not already in place.

We are currently working to establish partnerships with Alaska Commercial, Swansons, and Meyers Farm to help reduce costs and hopefully increase the variety of offerings.

- c. Does any community organization, other than your own, offer the type of services proposed under this program design? If so, describe how your program will enhance these efforts.

We are not aware of other organizations in town that provide similar services to our Healthy Snack Time.

4. Implementation Plan

- a. If this is a new project/activity, describe specific steps to be taken to implement the activity. Identify target dates for each phase of implementation.
- b. If this is an existing project/activity, describe how this funding will be used to expand the scope of the existing activity. Identify target dates for each phase of implementation.

We began offering Healthy Snack time during our Summer 2022 Healthy Activities Club thanks to generous funding from Bethel Community Services Foundation and are seeking to continue offering this service with new funding as the grant funds we received last year were COVID-19 related and are no longer available. Our Summer 2023 program starts June 5th, 2023.

5. Proposed Budget: based on last year’s receipt totals and taking into account current costs of food items.

Item & Description	Funding Source	Amount
Fresh Fruits & Vegetables	CAG Grant	\$1200
Dairy products	CAG Grant	\$800
Protein products	CAG Grant	\$425
Grain Products	CAG Grant	\$425
Water Bottles, cups, serving items	CAG Grant	\$500
		\$3350

- a. Have you ever received funding from the City of Bethel before? If so, provide:
 - i. dates: April 2018
 - ii. amounts: \$1300
 - iii. project descriptions: Free Women’s Self Defense Workshops
 - iv. Exit Report status: Complete

6. Exit Report Due

5/29/2023

- a. Awardees will be required to present a written Exit Report to the Community Action Grant Board within 30 days of completion of the project/program. See Report on City's website (www.cityofbethel.org).
- b. Identify the timeframe in which you anticipate providing an Exit Report to the Board on the use of the grant funds.
Our final week of club will be the week students are out of school in later August/early September so the Exit Report can be submitted in late September/Early October 2023.
- c. If applicant has a current Community Action Grant in progress, provide a spending plan that clearly shows how the remaining funds will be spent to complete the project/program.
N/A

CITY OF BETHEL COMMUNITY ACTION GRANT Application

Applicant Information

Applicant Name: Healing through Music & Dance w/Bethel Community Services Foundation

Business License #s (if applicable): 260108

Applicant Address: P.O. Box 2189 Bethel, AK 99559

Contact Person: Terese Kaptur Email Address: teresekaptur@gmail.com

Daytime Phone: 907-543-1812 Cell Phone: 412-551-7281

Grant Request Information

Grant Amount Requested:	\$	6,700.00
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Will you accept less funding than the amount you requested? If so, tell us what a reduction would look like for your planned program. **Yes. We would serve less youth at Kuskokwim Learning Academy and Gladys Jung Elementary.**

Program/Project Title and Summary: **Healing through Music & Dance (HTMD), September, 2023**

The purpose is to create music; clear a path for safe, creative expression of feelings; begin trauma recovery; build lasting relationship; return often. Harmonica Man Mike Stevens will offer looper workshops at ME-2 and KLA, and harmonica workshops at KLA and Gladys Jung (for 3rd & 6th graders). This will provide additional small group instruction on the looper systems residing at ME-2 & KLA, enriching students' skills at expressing their feelings through composing using the looper. New 3rd graders, who had small group workshops as 2nd graders at ME-2 in March 2023, will experience further connection to their feelings and more harmonica skills. At risk 6th graders will receive a harmonica and the feelings workshop for self expression.

Date When Funds Are Needed: September 1 - 30, 2023

Project Beginning and End Date: September 18 - 30, 2023

Submission for: Quarter 1 Quarter 2 Quarter 3 Quarter 4

If funds are not available for June awards, please advance this proposal for the August round. Thank you!

I affirm that if my organization, group, or self is granted funding, I (we) will be required to adhere to City guidelines related to the use of those funds, and will be required to provide timely reporting on the use of the granted funds. I affirm that grant funds will be used for the intended purposes outlined for this program.

Signature:  Date: May 15, 2023

Authorized Officer/Applicant

SUMMARY

Please provide a comprehensive, clear and concise response to each of the questions below. If a question does not apply to your application, indicate by responding "Not Applicable."

1. Substantiating Community Need

a. Identify and describe existing needs in the community to be addressed by the proposed activity.

The need is for fostering self-esteem, developing activities that keep youth engaged, strong and resistant to alcohol and drug use, and other personally destructive activities. The need is to ultimately prevent suicide in vulnerable young individuals whose lives have been negatively impacted by substance abuse and/or trauma. Returning to Bethel, in-person for the 16th time since 2013, nurtures relationships with individuals, deepens HTMD impact and strengthens healthy connections.

b. Specifically describe how the activities to be carried out directly address identified needs in the community.

HTMD is dedicated to sharing and enabling the creation of music in under-served Alaska communities, clearing a path for artistic expression of feelings, giving voice to the otherwise inexpressible, starting recovery from trauma and building self-confidence. HTMD is committed to promoting mental and emotional wellness by building lasting relationships, listening and returning to the communities regularly. HTMD teaches new skills, promotes self-esteem and creative self-expression through music and dance. HTMD is planning an in-person visit to Bethel in September, 2023, when Mike Stevens would offer workshops at schools, encouraging "feeling connected".

Harmonica virtuoso Mike Stevens, recent recipient of Canada's Medal of Honor for his 20+ years of healing work in Canadian villages, has been visiting Bethel since 2013. Mike Stevens performs, teaches and inspires young people to express their feelings in healthy ways. Through music, song, beat-boxing and composing, youth find suppressed voices and express themselves in a safe and nurturing environment, starting the process of healing from trauma. Collaboration with school staff, institution staff and indigenous drummers/dancers not only honors cultural traditions, but also fosters community enrichment, partnerships and healing.

Research shows that involvement in simultaneous movement and acoustic music accesses and develops both hemispheres of the brain. Our empirical experience indicates that entraining with music and movement, where individuals gradually fall into synchrony with another or others, creates a sense of safety and connects individuals into a community while expressing individuality. We have found that repetition of this practice builds a safe community and supports healing from trauma, which ultimately prevents suicide.

With guidance from teachers and community leaders, Mike shows how his harmonica is a tool for self-expression, even without being able to read music. He demonstrates how to use a looper to create compositions, incorporating traditional and beat-boxing techniques. After telling his own story of struggles in school, Mike shares how he/they can express feelings through the harmonica. Each participant receives a harmonica to keep. They learn basic techniques but quickly Mike turns the leading over to the youth to create their own compositions and soundscapes using the looper. Youth lead as performers, composers, sound engineers, recording vocals, working with the microphone and harmonica. After multiple visits, the institutions receive a looper and portable sound system with microphones so they can continue to create compositions after Mike Stevens leaves.

BCSF's HTMD program is requesting funds for artist and personnel fees and to purchase and ship harmonicas to sustain the program in Bethel. The harmonicas will be given to each participating student and adult.

2. Project/Activity Goals and Outcomes

a. Describe the overall goals, objectives, and activities to be accomplished by the proposed project.

Goals: The overall goals are to give at-risk youth a harmonica, skills and confidence to make their own music in a variety of ways and to operate the looper system. Playing harmonica uses one's breath to express feelings, instead of harmful other activities. Harmonica is great for those who are intimidated by singing, using a microphone or trying another more challenging instrument. Ultimately the program strives to give a looper, microphones and sound system to the participating institutions so the students can continue to compose after Mike Stevens departs.

The intangible goal is to give voice to feelings through music and dance, feelings that are otherwise inexpressible. This self-expression builds self-confidence especially when a group entrains while playing music together. These strengthening experiences start the process of healing from trauma. The goal is for youth to "feel connected", less likely to become suicidal or involved in harmful activities.

Objectives: Improved self-esteem, new skills learned and collaboration with contemporary and traditional styles of music.

Activities: Artist performs for youth and demonstrates how to express feelings through the harmonica. Mike demonstrates how the looper works. Each student receives a harmonica to keep and instruction in basic techniques. Students create their own composition using the looper.

b. Provide measurable outcomes for your project and how those outcomes will be measured.

All students and teachers receive a paper and electronic evaluation form that asks them to choose from a list of feelings, documenting how they felt before and after the workshop. They are also asked to rate (1-5) the quality of workshop, interaction and impact. Suggestions for improvement and other types of music and dance are also solicited. This feedback is reviewed by artists and program director and then summarized.

When possible and permitted, photo and video documentation capture the wonder, joy, collaboration and creativity.

Being invited back is a significant outcome. In their evaluations, students request that we "keep coming back."

The number of harmonicas distributed is a measure of how many lives were touched. These individuals would then have tools/skills and instruments for creative and emotional expression. Additionally, staff documents the number and ages of those served.

Focus changed from internal and hopelessness to external and creative, documented in written evaluations, photos.

Change in feelings from the beginning of session to end of session- sad, angry, lonely, afraid vs. happy, safe, excited, connected. Documented via photos and written evaluations

Creation of music for self-expression that continues after workshops

Individuals begin to share their stories with HTMD team and/or teachers/clinicians.

Responses are enthusiastic, focused attention during workshops, safe expression of feelings and creativity.

Students learn to use the looper, learn more about the technology, and act as a team creating a story and piece of music.

3. **Coordination and Collaboration**

a. Describe current efforts to collaborate and coordinate services with other community organizations regarding the proposed project.

HTMD plans to continue collaboration with ME-2 Elementary School, Kuskokwim Learning Academy and Gladys Jung Elementary offering healing through music and dance workshops.

b. Explain how you will develop any needed collaborative relationships that are not already in place. One, through referrals and recommendations by BCSF director and other Bethel partners. Two, by reaching out via phone and email to new contacts.

c. Does any community organization, other than your own, offer the type of services proposed under this program design? If so, describe how your program will enhance these efforts. Not that we are aware of.

4. **Implementation Plan**

a. If this is a new project/activity, describe specific steps to be taken to implement the activity. Identify target dates for each phase of implementation. N/A

b. If this is an existing project/activity, describe how this funding will be used to expand the scope of the existing activity. Identify target dates for each phase of implementation.

The HTMD program is requesting funds to help cover artist and contractor fees, harmonicas and shipping to sustain the program. With support from CAG, HTMD would not only be able to reach new participants through KLA and Gladys Jung Elementary, but also nurture established relationships with students at ME-2 and rising 3rd graders that we've been following since they were in 1st grade, building stronger, healthy connections. The program would be active in Bethel September, 2023.

5. **Demonstrated Experience and Financial Information**

a. Describe the applicant's (or the principal staff as it relates to the project) background, and experience in implementing the proposed activity or similar activities. SEE ATTACHED Bios, resume.

b. Provide a proposed budget breakdown with the following information:

SEE ATTACHED BUDGET SPREADSHEET

Budget Items:	Description of Budget Items	Funding: Source:	CAG \$	Other \$	Total

c. Have you ever received funding from the City of Bethel before? Yes.

- 1) Dates: April 29 – May 2, 2019; January 5 – April 30, 2020; March 1– September 30, 2022
- 2) Amounts: \$6,790; \$6,000; \$8,250.

- 3) Project descriptions: Healing thru Music & Dance
 - a.) Harmonicas, shipping and contractor fees for in-person workshops in Bethel.
 - b.) Artist fees, equipment, shipping to accompany video-recorded workshops on jump drives.
 - c.) Artist fees, harmonicas, equipment & shipping
- 4) Exit reports submitted June 17, 2019, June 23, 2021, October 28, 2022

6. Exit Report Due

- a. OK
- b. Exit Report will be submitted by November 30, 2023
- c. No current CAG in progress. Last Exit Report submitted October 28, 2022.

Budget Items:	Description of Budget Items	Funding: Source:	CAG \$ request	Other \$	Total \$
Personnel fees	Mike Stevens, logistics, admin support	CAG, Marston	1,500	500	2,000
Supplies	210 Harmonicas for KLA (50) & Gladys Jung Elem (160) @\$25	CAG, Marston	5,000	250	5,250
Shipping	freight to Bethel	CAG, Marston	200	50	250
			6,700	800	7,500

Mike Stevens, Harmonica Virtuoso

<https://mikestevensmusic.com/mike>



He literally Breathes In the World and Breathes out Music.

Mike Stevens is an award-winning harmonica player, composer and author living in Sarnia, Ontario Canada. His talent is as unorthodox as his career trajectory. As a ground-breaking performer, composer, educator, keynote speaker and author, Mike continues to expand the paradigms of harmonica, balancing tradition with cutting-edge innovation.

He has toured the world with legendary Bluegrass music stars and Grand Ole Opry members [Jim & Jesse](#) and can count among his fans [Roy Acuff](#), the King of country music. Roy would in fact make special trips to the Opry stage just to watch Mike play. Mike has logged more than 300 appearances on the world famous Grand Ole Opry stage and is a true pioneer of Bluegrass Harmonica; creating a much copied style of playing. Mike Stevens has performed prestigious venues and at major festivals all over the world. He has entertained crowds throughout Europe, Asia, the Middle East, South America, Japan, China, Antarctica and even the North Pole!

Mike is also the Founder of [ArtsCan Circle](#), a non-profit organization that builds relationships with Northern Communities across Canada and Alaska using the arts as a tool for self expression and joy.

For more than 35 years Mike has been doing solo live looping harmonica and exploring his own unique vocal harmonica technique. A Mike Stevens concert is a highly original multi-genre explosion of ideas with a socially conscious message. He continues to pioneer looping techniques with voice and harmonica, which have been spreading throughout the world. Mike refuses to stop pushing musical boundaries in both his solo concerts and his Avant Garde “Soundscape” performances with world renown Magnum photojournalist Larry Towell.

Other notable collaborations include duo performance’s with Legendary Bluegrass musician [Raymond McLain](#), acoustic Blues shows and award winning recordings with Blues star [Matt Andersen](#), composing & performing with the [Atlantic Ballet](#) and recording and performing with West African Master musician and dancer [Okaidja Afroso](#).

Awards & Accreditations

Meritorious Service Medal (Government of Canada)

Queens Diamond Jubilee Medal (Government of Canada)

YMCA Canada Peace Medal (Canadian Medal)
Honorary Kentucky Colonel (The State of Kentucky)
Slaight Music Humanitarian Award (Canadian Country Music Association)
Innovator of the year Award - first ever (Canadian Folk Music Awards)
Estelle Klein Award (Folk Music Ontario)
Award of Excellence (Ontario Contact)
Peter Gzowski Award (PGI Canada National Literacy)
Recording of the Year (Central Canadian Bluegrass Awards)
Top selling record for "Blowing up a Storm" (Pinecastle Records)
1990-1994 Entertainer of the Year (Central Canadian Bluegrass Awards) - retired from the category

Performer

Solo Concerts and Residencies

Select performances with Bluegrass Legend Raymond McLain

CanadAfrica – Blues Roots meets World music in the explosive music of CanadAfrica Mike Stevens and Okaidja Afroso – A combination of traditional dance, songs and music into a remarkable original show – toured in support of the Borealis record release - Where's The One?

Select Performances with The Atlantic Ballet of Canada

Multimedia performances with Magnum Photojournalist Larry Towell

Workshops & Residencies

From Ground Breaking Harmonica technique to Songwriting and live looping, combined with Mike's extensive experience with at-risk youth, Mike creates an engaging environment for many types of workshops, residencies and team-building exercises.

Speaker

Mike has been the Keynote Speaker and guest lecturer at many events such as:

The Canadian Music Therapy Conference

Ontario Conference of Folk Festivals

Dalhousie Medical School

TEDx Talks and many more

Composer

PiggyBack and Push Record – 2 CD's of original music co-written and released with Roots music phenom Matt Andersen

Many Bluegrass music originals

Soundscape and Film soundtrack work on A Walk in My Dream

Composed and performed music for The Atlantic Ballet Of Canada

Diving rock music and live looping on the CD Normally Anomally

Experimental multimedia soundscape music for Larry Towell – performed at World Press

Photo Exhibition in Amsterdam

Mike has been the subject of 2 Feature Film Documentaries

The award winning Harmonica Crossing (2000) about Mike's career at the World Famous Grand Ole Opry

The recently released A Walk in My Dream (2011) produced by Jonathan Torrens about his work with ArtsCan Circle

Terese Kaptur, Program Director

Healing thru Music and Dance

Terese Kaptur started the HTMD program in 2013 while serving as Director of the Fairbanks Summer Arts Festival. After retiring from FSAF, she continued the program under the sponsorship of the Bethel Community Services Foundation where she now serves as HTMD Program Director. After 22 years working as an Arts Administrator outside Alaska, Terese returned to AK in 2009 to serve as Director of the Fairbanks Summer Arts Festival, a multi-disciplinary arts festival which offered study and performance opportunities with world-class artists. She pioneered a statewide outreach program that served thousands while offering the hidden benefit of healing trauma through artistic expression. Annually, Terese planned and managed an average of 200 events statewide during 2-weeks. During her career as an arts administrator also she served as Executive Director and as consultant to of several orchestras and festivals in AK and the Lower 48. Always passionate about outreach, early childhood brain development and the healing powers of the arts, Terese helped pioneer new programs in music for Ages 0 to 3 and Music Therapy for healing while working in at the Pittsburgh Symphony. Terese earned her Bachelor's and Master' degrees at University of Alaska Fairbanks. Her music compositions have been performed internationally.

Status Report

	Exit Report	Exit Report	Amount	Amount
Year 1	Due Date	Received	Awarded	Spent
Quarter 1 - AM Approved 3/27/18				
Friends of the Kuskokwim Consortium Library	8/31/19	6/12/19	12,000	12,795
Bethel Search and Rescue	6/19/19		10,000	
Orutsararmut Native Council	11/30/18	11/27/18	5,000	5,030
YK Fitness Center	3/31/19	12/8/22	1,300	1,300
			<u>28,300</u>	
Quarter 2 - AM Approved 6/26/18				
Hope in Alaska/Camp Hope	9/30/19	9/22/18	10,000	10,000
Sackett Hall (UAF-Kuskokwim Campus)	8/31/19	11/22/22	3,873	3,873
			<u>13,873</u>	
Quarter 3 - AM Approved 10/9/18				
Bethel Wrestling Club	8/31/19	6/7/19	6,000	4,829
Delta Illusion Dance Company	1/31/19	7/29/19	1,770	1,770
			<u>7,770</u>	
Quarter 4 - AM Approved 12/11/18				
ONC-Bus Passes for Seniors	4/30/19	6/7/19	3,060	3,060
Justine Chamberlain-Coffee House	5/30/20	3/10/21	9,700	9,700
Friends of the Kuskokwim Consortium Library	8/30/20	6/11/19	12,765	12,765
			<u>25,525</u>	
	Average	6,861	Total Year 1	75,468
Year 2				
	Report	Report	Amount	Amount
Quarter 1-AM Approved 3/26/19	Due Date	Received	Awarded	Spent
Bethel Winter House-shelter	7/1/19	7/18/19	11,160	11,160
Hope in Alaska Ministry/Camp Hope	10/20/19	10/13/19	12,188	12,188
Gladys Jung Elementary Wrestling Program	3/8/20	12/26/19	3,094	3,094
BCSF Healing Through Music & Dance Pgm-harmonicas	8/5/19	6/17/19	6,790	6,790
Bethel Search and Rescue-Operations	1/30/20	7/18/19	4,760	4,760
			<u>37,992</u>	<u>37,992</u>
Quarter 2-AM Approved 6/25/19				
Bethel Wrestling Club-wrestling camp in 2019	6/25/20		5,000	
Bethel Friends of the Library-Summer camp-giveaways	6/25/20	3/16/22	6,000	6,000
			<u>11,000</u>	
Quarter 3-AM Approved 9/24/19				
Bethel Lion's Club Winter House	4/30/20	6/14/21	25,000	
Reflect Bethel - Alyssa Gustafson	4/30/20		600	
Bethel Family Clinic	1/31/20		2,431	
Bethel Broadcasting, Inc. (KYUK Radio)	10/15/20		1,300	
Bethel Friends of Canines	10/15/20	10/6/21	1,500	1,500
			<u>30,831</u>	
Quarter 4-AM #19-81 Approved 12/16/19				
Bethel Community Services Foundation-Library JV	8/31/20	11/17/20	14,000	
BCSF-Healing Thru Music & Dance	5/1/20	6/23/21	6,000	6,000
Skiku, Inc.	3/29/20		7,575	
Kuskokwim Art Guild	7/10/20	12/9/22	4,500	4,500
			<u>32,075</u>	
	Average	6,994	Total Year 2	111,898

Year 3	Report	Report	Amount	Amount
Quarter 1-AM #20-11 Approved 3/24/20	Due Date	Received	Awarded	Spent
Cama-I Dance Festival	Postponed	None	10,000	None
Kuskokwim Art Guild-After School Art Pgm.	8/30/20		2,890	
Kuskokwim Art Guild-Summer Art Camp	8/30/20	12/21/22	1,994	1,994
Native Village of Napaimute	5/30/20	3/17/21	9,995	9,995
Bethel Friends of Canines	1/31/21	3/17/21	8,820	8,820
Orutsararmuit Native Council-Bus passes	6/30/21	3/5/22	3,500	3,500
			<u>37,199</u>	
Quarter 2-AM #20-36 Approved 7/28/20				
Sackett Hall - UAF Kuskokwim Campus	8/30/21	11/22/22	1,896	1,896
Maria Nicolai - garden project	9/30/21		1,500	
			<u>3,396</u>	
Quarter 3-AM #20-56 Approved 12/8/20				
Ayaprun Elitnaurvik Cross-Country Program	10/26/20	3/10/21	1,557	1,557
Quarter 4-AM #20-56 Approved 12/8/20				
BCSF-Kuskokwim Library Fund	8/15/22		33,680	
	Average	7,583	Total Year 3	75,832
				Projects 10

Year 4	Report	Report	Amount	Amount
Quarter 1 (March 2021)	Due Date	Received	Awarded	Spent
Quyana Café - Bethel Evangelical Covenant Church	10/30/22	5/31/22	10,000	10,000
Gladys Jung Elem. Wrestling Program	1/8/22	12/28/21	34,975	34,975
Delta Recreation, Inc. - Lawnmower	9/1/21	8/30/22	5,550	5,658
Delta Recreation, Inc. - Trail Groomer	9/1/21	8/30/22	35,350	33,069
BCSF-food security	8/15/21	9/8/21	10,000	10,000
UAF-Yupiit Piciyarait Cultural Center-First Fridays	10/30/21		2,600	
Bethel Friends of Canines - Animal Shelter exp.	1/31/22		3,000	
			<u>101,475</u>	
Quarter 2 (Jun 2021)				
Winterhouse Fence Project submitted - Not funded.	----	----	----	----
Quarter 3 (Sep 2021)				
Bethel Com. Services Foundation-homeless housing	12/24/21		25,000	
Quarter 4 (Nov 2021)				
Gladys Jung Wrestling	12/15/21	12/28/21	10,602	10,602
	Average	15,231	Total Year 4	137,077
				Projects 9

Year 5	Report Due Date	Report Received	Amount Awarded	Amount Spent
Quarter 1 (Mar 2022)				
ONC-Youth Litter Patrol	9/14/22	10/20/22	8,422	2,988
BCSF-Healing Through Music and Dance	6/30/22	10/28/22	8,250	8,250
Bethel Friends of the Library-JV position	8/31/23		19,148	
			<u>35,820</u>	
Quarter 2 (Jun 2022)				
Bethel Evangelical Covenant Church-Parking Lot	9/30/22	9/1/22	15,000	16,606
Bethel Lion's Club-Utility Costs for Food Pantry	6/30/23	10/13/22	13,500	13,500
			<u>28,500</u>	
Quarter 3 (Sep 2022) AM #22-27 approved 10-11-22				
Winter House - Salaries + Op. exp. For food pantry	6/30/23	3/1/23	20,930	20,930
Southwest Alaska Arts Group - Camai Festival	4/30/23		23,600	
Delta Recreation - skis, boots, poles	4/30/23		20,900	
Qasgirmiut Dance Group-regalia, sewing courses.	9/30/23		20,000	
			<u>85,430</u>	
Quarter 4 (Nov 2022) AM #22-34 approved 12/13/23				
Bethel Winter House-Salaries and expenses	6/30/23		15,100	
Bethel Community Services Foundation-Food Pgm.	6/30/23		5,000	
Tundra Women's Coalition-Teens Acting Against Viol.	9/30/23		5,000	
Orutsararmuit Native Council-subsistence food pgm.	7/31/23		2,400	
			<u>27,500</u>	
	Average	13,635	Total Year 5	177,250
				Projects 13

Year 6	Report Due Date	Report Received	Amount Awarded	Amount Spent
Quarter 1 (Mar 2023) AM #23-07 approved 4/25/23				
Bethel Winter House-Salaries & Utilities)	5/30/23		6,208	
Bethel Regional High School Wrestling Program-scales	1/30/24		3,820	
Betel Friends of the Library-JV position	8/31/24		6,044	
			<u>16,072</u>	

MEMORANDUM



DATE: June 15, 2023
TO: Community Action Grant Committee
FROM: John Sargent, Ex Officio & Recorder
SUBJECT: Ex Officio Report for June 22, 2023 CAG Committee Meeting

City Personnel Changes

Xavier Mason, Deputy Finance Director turned in his resignation to the City Manager. His last day with the City will be June 23, 2023. His abrupt departure creates a huge leadership void in the Finance Department. The City is bringing in Cheryl Bartlett on June 19, 2023 with the Carmen Jackson, CPA firm to help maintain the integrity of the Finance Department.

Short-term City Manager Peter Williams will be retiring from his position at the end of June 2023. The newly hired interim City Manager will not start until July 6, 2023.

Grant Manager John Sargent’s last day before retiring is August 1, 2023. The City plans to fill the position with Ben Balivet. He could start as early as July 17, 2023.